

Allergies

squeakydesign.info

I'm in the process of building this page, I would appreciate your input.

also look at the FAQ page...

Allergies

This is a vast area.

Firstly I must advise you to see your GP (Doctor).

Then I can become involved.

This at first sight seems a vast area.

but

It can be simplified into the following areas

Imported Induced Resident

Imported.

What you bring into you home or work space.

a major cause can be

petrochemicals - this can be in many forms.

for example...

butane or propane - used as a propellant in aerosols'.

Paint - some will say organic or low odour / voc.

Magazines - some have a 'new smell' - there are quite a lot of people that react to this.

also New furniture, carpets, underlay, flooring etc.

Pollution of Air and Water...

Induced.

Food and Drink

Nuts are well known - there is now a treatment in the UK, which is reducing sensitivity for a high percentage.

Additives - 'e numbers' and other things or processes.

I get flu like symptoms from some drinks - a certain Organic Cider and some Red Wines

the cause seems to be an added preservative, probably sulfur.

Have you considered how and in what you cook and serve your food...

What you use to wash up?

Resident.

Dust Mites, Bed Bugs, Fleas, Mould, Bacteria.

This is obviously not a complete list.....

I have just met someone that is allergic to a number of plant and petrochemical derived products...

adding more soon.